### After the 7<sup>th</sup> day Adam and the Garden of Eden

### Recap...

- God created the heavens, earth, the plants, sea animals, land animals and man in SIX days
  - Not 13.7 billion years but 6 days
  - 13.7 billion years = 4.320432e+18 seconds
  - 6 days = 518400 seconds
- God rested on the seventh day
- There was no rain on the earth
  - A mist went up from the earth
    - Why was this mentioned?
- Man formed man from the dust of the ground and breathed into nostrils the breath of life
  - Man became a living thing

## Application

- When we work on anything, we need to rest in the Lord after a period of time
  - Exodus 20:8-10, Exodus 23:12
- Why rest? Be refreshed and...
  - We need to reflect on what we worked on
  - We need to be thankful that we worked on it
  - We need to see how did we further the Lord's work
  - We need then plan for the next cycle
- If we don't rest then we will burn out.

### Resting in the Lord

#### • Yahweh

The self-existent One. He has always existed and will always exist. You can always rely on Him because He is your eternal source of strength. (Genesis 2:4, Isaiah 40:3; 10; 1 Samuel 1:20; Exodus 6:1-4, 3:1-22)

- Matt 11:28-30
- 1 Corinthians 3:11

Names of the Lord – A diamond

### Adam's location - in Eden

- Adam was located in a garden in Eden
- Eden had every tree grow that is pleasant to the sight and good for food
- Eden had Tree of Life & Tree of Knowledge
- A river provided water to Eden and the river split into 4 rivers: Pishon, Gihon, Hiddekel (Tigris), Euphrates



### Adam's Responsibilities

- Adam had to tend and keep the garden
  - God given responsibility
    - 1 Corinthians 12
- Adam can eat of every tree except the tree of knowledge of good and evil
  - If Adam eats it then he shall surely die
- There are things you are not supposed to do with your responsibilities
  - This will impact your responsibilities

### Adam's Companion

- *"It is* not good that man should be alone; I will make him a helper comparable to him."
- Adam named every animal
- Here was no helper comparable to him
  - God understands our needs before we understand our needs
- Adam went into a deep sleep
- God took out a rib and made Eve
- Marriage
  - Ecclesiastes 4:9-12

# In closing

• Psalm 100:3

-